Best Practices for Seeding Sainfoin

Seed Setting

Sainfoin and barley flow is very similar.

Sainfoin weight is 30# per bushel Barley weight is 48# per bushel

Sainfoin desired	Seeding setting for barley
30 lb per bushel	48
36 lb per bushel	58
40 lb per bushel	64



Inoculant

Alternate seed and inoculant in drill box saving enough inoculant to go on the top. Stir in with a shovel or fork. The powder will filter down and go out with the seed.

Seed depth *very important*

Surface to ³/₄ inch max. Similar to grass or alfalfa.

Weed control

We prefer seeding sainfoin as single crop. If/when weed control is desired, we spray weeds anytime with 6oz Round Up. (6 to 8 oz of Roundup with 10 gallons of water.) I gallon of chemical will treat 20 acres.